

**Presentation.**  
**U3As IN UKRAINE: ENHANCING CAPACITIES IN RISK AND  
RESILIENCE MANAGEMENT**

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**Slide 1. U3As IN UKRAINE: ENHANCING CAPACITIES IN RISK AND RESILIENCE MANAGEMENT**

Since 1994, the population in Ukraine has been decreasing annually, and now about 34-35 million people live here (this is an approximate estimate, because there are no statistical data on this). This is not only a Ukrainian problem, but also a problem for Europe and the world. "All European countries are losing their population, but they are making up for it through migration. At the same time, they not only compensate the population quantitatively. Young people who give birth more and die less come to them. That is, they rejuvenate the age structure of the population". [<https://idss.org.ua/index>]

**Slide 2. THE SHOCK EFFECTS**

Today Ukraine has all the elements that could cause a demographic catastrophe: additional deaths due to war, massive internal displacement, increased emigration (refugees), lower birth rates. Since February 24, approximately 8 and a half million people have left Ukraine, and more than 7 have returned. Currently, 1.2 million Ukrainians remain abroad, the Institute of Demography calculated. "About 30 million people may remain in Ukraine by 2030, and 34-35 million people in an optimistic scenario. The population is less than 30 million people, 10 million of whom are pensioners". [<https://www.rbc.ua/rus/travel/ssha-zaprovadili-vazhlivu-pilgu-ukrayintsiv-1669114833.html>]

- the uncertain, ambiguous, and unexpected events of 2022 decrease the predictability of achieving U3As goals in Ukraine.
- highly resistant to internal and external undesirable events and reliable U3As are of great importance in Ukraine.
- risk management of Association of U3A "Clepsydra" (risk identification; risk assessment; risk reduction plan):

(1) re-engineering of the processes.

(2) to reduce the shock effects.

(3) focus to continue the main U3As activities.

**Slide 3. INCREASING THE UA U3As RESILIENCE**

On May 15, 2022, 6,842,151 people moved from the region of their permanent residence. This significantly affected the age structure of the population, as a large part of women of all age groups, children and teenagers left their regions. [<https://idss.org.ua/index>]

**Now the influence of the population structure is becoming with a high proportion of elderly people.**

**The new age structure of the country will have fewer young people and more older people.**

Pensioners were allowed to register at the employment center (since November 2022). They can find information distantly, on the website of the State Employment Service in the “Looking for a job” section [<https://ode.dcz.gov.ua>]. In addition, in September 2022, the public portal for job search – “Unified Vacancy Portal” [<https://jobportal.dcz.gov.ua>] became operational in Ukraine. It allows seniors to find job information according to region, industry, or direction, expected salary level. [<https://hvylya.net/uk/news/262603-pensioneram-razreshili-stanovitsyana-uchet-v-centre-zanyatosti>]

### **These trends are increasing the role of u3as and put questions for our Association and U3As in Ukraine:**

**First**, how to implement “brick-by-brick” Association and U3As resilience

**Second**, how to reduce the recovery time for us after the war

**Third**, how to maintain the overall level of Association and U3As functionality at the appropriate level after the war

### **Slide 4. ENHANCING CAPACITIES IN RISK AND RESILIENCE MANAGEMENT**

There are 5 main directions in Roadmap for enhancing capacities in risk and Resilience:

- Legal and Psychological support.
- Social protection.
- Education/ trainings.
- Health/ active longevity.
- Culture/ culture diplomacy/ international communication.

### **Slide 5. LEGAL AND PSYCHOLOGICAL SUPPORT**

Among the projects for legal and psychological support there are:

UNDP project “EU for dialogue: Strengthening the resilience of Ukraine to respond to the urgent needs of the central and local authorities, as well as the population affected by the war” with the financial support of the European Union [NGO ‘The Age of Happiness’, Slovyansk-Kropivnitsky]

Supports for psychological aid [UNDP, government of Israel, government of Canada and others]

Legal protection of Human Rights of seniors in Ukraine [All-Ukrainian NGO ‘Union of Women of Ukraine’]

Legal and psychological support [NGO ‘International Parliament of Mothers’] and many others.

### **Slide 6. SOCIAL PROTECTION**

According to the analysis financed by the Council of the EU, it has been concluded that the population of Ukraine may decrease by 24-33% depending on the duration of the war. The effect will be especially noticeable for children and the population of productive age. The researchers note that these estimates do not consider an additional factor: *increased mortality due to the long-term impact of the health care crisis caused by injuries, infectious diseases, and other injuries*. The projects for social protection support realized for this half of the year there are some made by U3A Sumy, Gender creative space [NGO New social vector, Kyiv] and others.

## **Slide 7. EDUCATION/ TRAININGS**

The Kyiv Academy of Women's Leadership was launching a free training course **“My 50+ opportunities during wartime”** for Ukrainian senior women who overcome difficult personal and team challenges during wartime and are focused on strengthening their own potential [author of the course - Alina Khaletska] and courses in **“Supervision for local communities”** delivered by Tetiana Novytska, the member of GB of Association of U3A “Clepsydra”

And there were delivered such courses and trainings on: Public Diplomacy for NGOS; Silver Economy, etc.

## **Slide 8. HEALTH/ ACTIVE LONGEVITY**

In this priority the possibility of collaboration has been realized with NGO Health Promo, Kyiv; U3A from Sumy; U3A Smila; U3A Terebovl; U3A Lutsk and others.

## **Slide 9. CULTURE/ CULTURE DIPLOMACY/ INTERNATIONAL COMMUNICATION - THE IMPORTANCE OF SOFT POWER**

The Kyiv Academy of Women's Leadership was launching a free training course **“Cultural diplomacy in the conditions of martial law and post-war recovery”** who build strategic communications using cultural diplomacy (During the training, the participants understood the main approaches to the application of cultural diplomacy, its normative basis; acquainted with modern techniques and technologies of cultural diplomacy; determined the main approaches to cultural diplomacy in foreign countries to outline the tasks and prospects of cultural projects in promoting the **“new”** brand of Ukraine and building strategic communications in wartime) [author of the course - Alina Khaletska].

And there were developed further partnership with: NGO Territory of women; NGO Union of Women of Ukraine and others.

## **Slide 10. GOALS FOR THE NEAREST FUTURE**

- **Social cohesion** – New Program initiated by NGO ‘Academy of professional development’, Kyiv LLL on topic **“Solidarity as a New Skill in LLL”** 21 of November in partnership with Association of U3A **“Clepsydra”**.
- **Social protection** – We express our gratitude to Prof. Francois Vella’s for the Recommendation Letter to the Association of U3A **“Clepsydra”** for our applying to the Project **“Building the institutional capacity of the “University of the third age” service at the level of territorial/ local communities, in the conditions of changes in legislation and the standard of social adaptation in the UNDP USAID-funded Program”**.
- **Culture diplomacy/ communication** – New initiatives of AIUTA and Clepsydra concerning Traditional Cuisine as the way for international communication between seniors, 15 November 2022 Pilot online event took place. **“Representatives of the Universities of the Third Age of France (Toulouse), Slovakia (Bratislava), Spain, Vietnam, Ukraine (Chernivtsi, Ivano-Frankivsk, Kyiv, Lviv, Rivne, Smila, Sumy) gathered for a pleasant conversation. The event for cooperation, support, and communication of U3A through national culinary traditions is aimed to establish communication among seniors** [<https://www.facebook.com/aiuta.iauta>].

New project with Carlo Merello, prof. Genova University is on its development now. Prof. Merello said: All that happened in Ukraine “motivated me to think of a work that would leave a trace of these facts in the history of my creative work, a documentation that could remind the world of tragic events even on a spiritual level, as art can and must do and has done in passed even on much higher levels than mine (Guernica an example for all). The project consists in the production of at least 20 tables dedicated to the Ukrainian cities destroyed by russian bombing. I started the fourth board dedicated to BUCHA. My intention would be to be able to exhibit my work in the spaces in Kyiv when we’ll be able to resume normal activity. Furthermore, I would also like to donate the works to the cities to which they are dedicated” [Carlo Merello, prof. Genova University].

**Slide 11. WE HOPE TO SUCCEED IN**

- Applying for UNDP Project
- Contest with our Project on Gender Silver Economy
- Trainings and LLL programs by Association of U3A “Clepsydra”, our courses for local communities and seniors in Ukraine
- New initiative of AIUTA and Clepsydra concerning Traditional Cuisine and others