



# Universities of the third age International awards

February - May 2021

## Regulations

### Competition Number 1 : Poetry

You will write a poem on the theme of "Art for a New Stage of Life ».

### Competition Number 2: Drawing/ Painting

On the medium of your choice (paper, cardboard, canvas, etc.) you will create a drawing or a painting on the theme of "Art for a new stage of life". There are no particular rules when it comes to the creation tool (pen, pencil, brush, markers, charcoal, calligraphy).

### Competition Number 3 : Creativity

Do you have a manual hidden talent? You can join this category by creating all kinds of things, cut paper, origami, masking tape (creative hobbies with scotch tape). You are free to create what you want according to your skills.

### Competition Number 4: Singing

Record a song, or write a song about the University of the Third Age, which may be the next official U3A anthem.

### Competition Number 5 : Photography

Take a photo of yourself or your activity and add a few comments.

### Competition Number 6 : Dancing

Send us a video about your choreography.

### Competition Number 7 : Fashion/garments/costumes

Show your originality in terms of clothing, fashion or costume

### Competition Number 8 : Computer science

Use artificial intelligence to show your imagination in the use of new technologies